### Design Your Own Smoothie

Your task is to design and create your own recipe for a smoothie. You will need to think about the types and amount of each ingredient and the equipment you will use. Write out the method and the steps that someone will need to follow to make your smoothie. Don't forget to name it!

#### **Ingredients**

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#### **Equipment/Tools**

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## Design Your Own Smoothie

How	many serves will th	is recipe make?	
Metl	ıod/Steps		
1.			
-			
2.			
3.			
-			
4.			
<b>5.</b> .			
6.			



# Design Your Own Smoothie

#### Challenge!

Now that you have designed the recipe for your smoothie, test it out! Make your smoothie for someone in your family. Ask them for constructive feedback and any way that you can improve the recipe!

Is this recipe healthy or not? Explain.							
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